

Curriculum Vitae

Dr. David Penn, PT, DPT, OCS

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Education:

2007-present **Fellowship in Manual Therapy**, Regis University, Denver, Colorado.
2001-2004 **Doctor of Physical Therapy**, Creighton University, Omaha, Nebraska.
1986-1990 **Bachelors of Science in Physical Therapy**. Southwest Texas State University, San Marcos, Texas

Licenses:

Texas- Current through April 2011

Employment History:

2007- Present **Quadrangle Properties**, Partner, Longview, Texas
2004 –Present **SuperSlow® Zone** The Ultimate Exercise, Tyler, Texas.
2003 – 2005 Partner **Occupational Care Team**, Tyler, Texas.
2002 - Present Partner **New Dimensions Rehabilitation**, Tyler, Texas.
1997 - Present Director of Clinical Operations/Work Hardening Director, Orthopaedic Clinical Specialist, **Centre Of Rehabilitation Excellence (CORE)**, Longview, Texas.
1994- Present Secretary/Treasurer **Apex Clinical Associates, P.L.L.C.**
1993-1996 Work Hardening Supervisor, Orthopaedic Physical Therapist, **Restore Physical and Industrial Rehabilitation** Longview, Texas.
1992-1993 Orthopaedic Physical Therapist, **The Sports Medicine Clinic, Inc.** Tyler, Texas.
1991-1992 Staff Physical Therapist, **Humana Hospital**, San Antonio, Texas.

Certifications:

2006-Present **Continuous Scale Physical Functional Performance Certified/Train the Trainer**
2004-Present **SuperSlow® Level I Certification**
2004-Present **EPIC® Lift Assessment Certification**
2000-Present **Certified in ASTYM™ by Performance Dynamics, Inc**
1999-Present **Certified Work Capacity Evaluator, CWCE**
1997-Present **Board Certified Specialist in Orthopaedic Physical Therapy by the American Board of Physical Therapy Specialties**
1993-Present **Basic Cardiac Life Support, CPR**

Teaching Experience:

- 2008 Evidenced Based Examination and Selected Interventions for Patients with Cervical Spine Disorders, Lab Assistant. Parkersburg, West Virginia
- 2004-2006 Roy Matheson and Associates, Functional Capacity Residency Program
- 1999 Joint Mobilization of the Upper and Lower Extremity.
- 1999-Present Functional Capacity Evaluations: Demystifying Rocket Science.
- 1997 -1998 Center Coordinator of Clinical Education, Centre of Rehabilitation Excellence, Longview, Texas
- 1995-1996 Center Coordinator of Clinical Education, Restore Physical and Industrial Rehabilitation, Longview, Texas
- 1995-1998 Adjunct Faculty Member, Kilgore Community College. Physical Therapy Assistant Program.
- 1995 Guest Lecturer, East Texas Dental Society.
- 1993 Guest Lecturer, University of Texas at Tyler. Prevention of Athletic Injuries.

Professional Presentations

- 2008 CAAD 19th Annual Symposium on Research in Aging: Case Study on Lumbar Fusion
- 2006 APTA-Combined Sections Meeting, San Diego. Complimentary & Alternative Therapies in Sports Medicine: Instrumented-Assisted Soft Tissue Mobilization: The Graston Technique.
- 2006 APTA- Private Practice Section- Annual Conference. Integration of a Cash Based High Intensity Personal Strength Training Program in an existing PT Practice.

Professional Societies:

- 2007-2009 Work Group Member, Private Practice Section, APTA
- 2006- Present Member of the American Academy of Orthopedic Manual Physical Therapists.
- 2003- Present Member of the Private Practice Section of the APTA.
- 1997- 1999 Public Relations Chair of the East Texas Physical Therapy District.
- 1992 - Present Member of the East Texas District of the Texas Physical Therapy Association.
- 1992 - 1995 Member of East Texas Spine Society
- 1989 - Present Member of the Orthopedic and Sports Physical Therapy Section.
- 1988 - Present Member of the American Physical Therapy Association.
- 1988 - Present Member of the Texas Physical Therapy Association.

Academic Activities:

- 1995- Present Member of the Admissions Committee, Texas State University, Masters Physical Therapy Program, San Marcos, Texas.
- 1996- Present Member of the Admissions Committee, Kilgore College Physical

Therapy Assistant Program, Kilgore, Texas.

Community Activities

- 2003-Present Martha's Kitchen Volunteer. Dedicated to feeding the hungry and the underprivileged.
- 1999-2000 Leadership Longview Class of 2000
- 1992-1993 Medical Team Volunteer. Hotter than Hell Hundred Bike Race. Wichita Falls, Texas.
- 1992 Assistant Tournament Director, East Texas Crisis Center Benefit Tennis Tournament.

Continuing Education:

- 2009 Ethics and Professional Responsibility in Physical Therapy Practice, TPTA
- 2009 Protecting Human Research Participants, National Institutes of Health (NIH),
- 2009 Cancer Rehabilitation Principles: Principles and Practice
- 2009 Physical Therapist Clinical Performance Instrument For Students: A Self Guided Training Course.
- 2009 Private Practice Section Annual Meeting, APTA, Colorado Springs, Co
- 2009 Spinal Manipulation Course 2: Sixth Annual Update for Physical Therapists, Osteopathic Physicians and Medical Doctors, Tehan P. and Gibbons P, Tulsa OK.
- 2008 14th Annual AAOMPT Conference, Seattle WA
- 2008 Explain Pain, David Bulter 14th Annual AAOMPT Conference, Seattle, WA
- 2008 Medicare Rules Regulations and Reimbursement Update, Mary Daulong and Bobbie Hurt, Dallas, Texas
- 2008 15th Annual WorkSTEPS Provider Symposium, San Antonio, Texas
- 2008 Management of the Lumbo-Sacral Disorders, Regis University, Denver, Colorado. Dr. Tim Flynn and Cameron McDonald.
- 2008 2008 Private Practice Section Annual Conference and Exposition, APTA, Orlando, Florida
- 2007 Ethical Decision Making in Physical Therapy, TPTA.
- 2007 Management of the Cervical and Thoracic Spine, Regis University, Denver, Colorado. Dr. Josh Cleland and Cameron McDonald.
- 2007 Management of the Lower Extremity Disorders, Regis University, Denver, Colorado. Dr. Julie Whitman and Cameron McDonald.
- 2007 Management of the Cervical and Thoracic Spine, Regis University, Denver, Colorado. Dr. Tim Flynn and Dr. Josh Cleland.
- 2007 Train the Trainer –Continuous Scale Physical Functional Performance (CS-PFP10) University of Georgia. Dr. Elaine Cress-Athens, Georgia
- 2006 Private Practice Section Annual Meeting, APTA, Miami, Florida
- 2006 Continuous Scale Physical Functional Performance (CS-PFP10), University of Georgia, Dr. Elaine Cress-- Athens, Georgia.
- 2006 Evidence-based Examination and Selected Interventions for patients with Lumbar Spine/Hip Disorders (Dr. John Childs), San Antonio, Texas

2006 WorkSTEPS Symposium, Reno, Nevada

2005 Balance & Vestibular Rehabilitation- A Basic Course, Longview, Texas

2005 Medicare Part-B Workshop, Trailblazer, Tyler, Texas

2005 Ethics in Physical Therapy, On-line Course TPTA

2005 Documentation for Therapist-Medicare Made Easy, Houston, Texas

2005 Interpretation of Functional Ability, "A certification course", AADEP, Dallas, Texas

2005 WorkSTEPS Symposium, Austin, Texas

2005 Evidence-based Examination and Selected Interventions for patients with Cervical Spine Disorders (Dr. John Childs), San Antonio, Texas

2005 Functional Mobilization of the Upper Quarter, Longview, Texas

2005 Medicare Part B Made Easy, Dallas, Texas.

2005 Evidence in Physical Therapy Practice, Mesa, AZ.

2004 SuperSlow® Certification Training, Oakland, California.

2004 Graston Technique, Instrumented Soft Tissue Mobilization. Basic Training, Longview, Texas

2004 Private Practice Section Annual Meeting, APTA, Colorado Springs, Co.

2004 EPIC Lift Capacity Certification Course, Dr. Leonard Matheson, Ph.D.

2004 Functional Mobilization of the Upper Quarter, Cleburne, Texas

2003 Improving Clinical Documentation Skills, Shreveport, La.

2003 Effective Orthopedic Interventions, Dallas, Texas.

2003 Private Practice Section- Annual Conference, Ponte Vedra, Florida

2003 Lumbar Instability Whole Spine Stabilization (Stanley Paris, Ph.D. PT), Dallas, Texas.

2003 WorkSTEPS Symposium Las Vegas, Nevada.

2003 Solving the Mystery of Adhesive Capsulitis in Women and Preventing Osteoporosis, Dallas, Texas

2002 The Role of the PTA and PT Techs, Texas Physical Therapy Association. Kilgore, Texas

2002 A Regional Review of the Clinical Anatomy and Kinesiology of the Extremities and TMJ, Nebraska Physical Therapy Association Omaha, Nebraska

2002 Advanced Functional Capacity Evaluation, Las Vegas, Nevada

2002 The Functional Capacity Certification Program, Las Vegas, Nevada.

2002 Work Steps Symposium, New Orleans , La

2001 Current Concepts for the Knee and Shoulder (TAB Blackburn & Michael Voight. Houston, Texas

2001 Spinal Manipulation: Current Evidence and Technical Application in the Low Back Pain Population

2001 McKenzie Part A Lumbar Spine, Arlington, Texas

2001 McKenzie Part B Cervical/Thoracic Spine, Arlington, Texas

2000 Ethics/Social Responsibility, Longview, Texas

2000 Work Steps Symposium, San Antonio Texas

2000 ASTM™ Upper and Lower Extremity, Muncie, Indiana

2000 CARF Annual Medical Rehabilitation Seminar, Tucson, Arizona

1999 Bringing manual Physical Therapy into the next Millennium, Scottsdale, Arizona.

1999 Functional Mobilization of the Lumbo-Pelvic Girdle, Scottsdale, Arizona

1999 Beyond 3 Sets of Ten, Tyler, Texas.

1999 AAOMPT Annual Conference, Scottsdale, AZ.

1999 Work Steps Symposium, San Antonio Texas.

1999 Evaluation and Treatment of the LE using FET, Las Colinas, Texas

1998 WorkSteps Symposium, Fort Worth, Texas

1998 Post Conference Course AAOMPT: In Pursuit of Symmetry, St. Louis, Mo.

1998 American Academy of Orthopedic Manual Physical Therapist: Annual Conference, St. Louis, Mo.

1998 APTA Combined Sections Meeting, Boston, Mass.

1997 Documentation Seminar, Dallas, Texas.

1997 RMA: The 1997 Industrial Rehabilitation Professional Residency Program, San Antonio, Texas.

1997 Cost Effective Evaluation of Functional Capacity Workshop, UCSD Department of Orthopedics, San Diego, California.

1997 The Biomechanics of Bracing: Bledsoe Brace Systems, Dallas , Texas.

1997 Mechanical Low Back Pain: Perspectives in Functional Anatomy, Texas.

Bryan

1997 Orthotics: A Pedorthic Perspective, Longview, Texas.

1997 Lumbar Functional Stabilization Training by Beverly Biondi. Austin, Texas.

1997 Combined Sections Meeting, Dallas, Texas

1996 Current Concepts: A Review of Advanced Orthopaedic Clinical Practice, Orlando, Florida.

1996 WORKSTEPS: Industrial Medicine and Testing Services, Arlington, Texas.

1996 An Integrative Approach to the Examination and Rehabilitation of the Shoulder, Dallas, Texas.

1996 Second Annual Wound Management Workshops, Houston, Texas.

1996 Differential Diagnosis of Musculoskeletal Disorders, Dallas, Texas.

1996 Industrial Rehabilitation Seminar, New Orleans, Louisiana.

1996 Level I Muscle Energy, Michigan State University, College of Osteopathic Medicine. Tucson, AZ.

1996 Jones Strain Counter Strain, Longview, Texas.

1995 WORKSTEPS Provider Seminar, Arlington, Texas.

1995 American Academy of Pain Management: Clinical Meeting, Dallas, Texas.

1995 Principles of Manual Medicine, Michigan State University, College of Osteopathic Medicine, East Lansing, Michigan.

1995 Risk Management Seminar, APTA, Dallas, Texas.

1995 Fifteenth Annual Clinical Educators Workshop: Basic CI Course. TPTA Dallas, Texas.

1995 Evaluation and Management of TM Dysfunction. Woodlands, Texas.

1994 Combined Sections Annual Conference, New Orleans, Louisiana.

1994 A Combined Approach to Manual Therapy, New Orleans, Louisiana

1994 Evaluation and Treatment of the Cervical Spine. Tyler, Texas.

1994 Dynamic Lumbar Stabilization. Dallas, Texas.

1993 East Texas Sports Medicine Seminar. Tyler, Texas.

1992 Reducing Injuries in the Workplace. Dallas, Texas.

- 1992 Houston Society Conference- Sports Medicine and the Team Physician.
Pine
- 1993 Mountain, Georgia.
- 1992 Aquatic Therapy: Stabilization Strategies for the Cervical and Lumbar
Spine,
Boston Massachusetts.
- 1993
- 1991 SOMA Approach to Shoulder Rehabilitation, San Marcos, Texas.
- 1991 Evaluation and Management of Wounds, San Antonio, Texas.
- 1991 Care of the Burn Patient in the Community Setting, San Antonio, Texas.